






Happy Labor Day TO ALL OF YOU

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ADAMS SEPTEMBER LUNCH MENU 2020

This Institution is an equal opportunity provider

Monday	Tuesday 9/1	Wednesday 9/2	Thursday 9/3	Friday 9/4
	Salisbury Steak w/ Mashed Potatoes (A) Mashed Potatoes, Gravy & Cheese Stick (B) String Beans Fruit	Bar-B-Que Chicken & Cole Slaw (A)* P-Nut Butter & Jelly Sandwich (B) Texas Baked Beans Sliced Peaches	WG Pepperoni Pizza (A)* WG Cheese Pizza (B)* Celery & Carrot Sticks Sliced Oranges	Early Release 
Monday 9/7	Tuesday 9/8	Wednesday 9/9	Thursday 9/10	Friday 9/11
No School 	Breaded Chicken Patty w/ Gravy and Mashed Potatoes (A)* Mashed Potatoes w/ Gravy & Cheese Stick(B) Tossed Salad Seasonal Fruit	Beef Taco Bowl (A)* Taco Beef, Cilantro Rice and Black Beans Vegetarian Taco Bowl (B) Pico De Gallo, Cilantro Rice & Black Beans Seasonal Fruit	Ham or Turkey Subs (A)* P-Nut Butter & Jelly Sandwich (B) Celery Sticks w/ Ranch Dressing Fruit Cocktail	WG Pepperoni Pizza (A)* WG Cheese Pizza (B)* Celery & Carrot Sticks Sliced Oranges
Monday 9/14	Tuesday 9/15	Wednesday 9/16	Thursday 9/17	Friday 9/18
French Toast w/ Turkey Sausage(A) French Toast w/ Eggs (B) Cheese Stick Mixed Fruit	Chicken Bowl (A)* Popcorn Chicken, Mashed Potatoes, Corn Mashed Potatoes, Gravy (B) Corn and Cheese Stick Fresh Strawberries	Pepperoni & Cheese Flat Bread (A)* W/ Marinara Sauce Cheese Flat Bread (B) Marinara Sauce & Salad Sliced Peaches	Chicken Nuggets w/ WG Roll (A)* P-Nut Butter & Jelly Sandwich (B) Crinkle Fries Sliced Pears	WG Pepperoni Pizza (A)* WG Cheese Pizza (B) Celery & Carrot Sticks Sliced Oranges
Monday 9/21	Tuesday 9/22	Wednesday 9/23	Thursday 9/24	Friday 9/25
WG Chicken & Waffles (A)* WG Waffles w/ Scramble Eggs (B) Cheese Stick Strawberries	Cheeseburger/ Hamburger (A)* P-Nut Butter & Jelly w/ WG Bread (B) Crinkle Fries Mixed Fruit	Orange Chicken w Brown Rice (A)* Brown Rice w/ Orange Sauce (B) Stir Fry Vegetables Mandarin Oranges	Beef-A-Roni & Garlic Bread (A) Pasta Noodles & Marinara Sauce (B) Garlic Bread & Side Salad Seasonal Fruit	WG Pepperoni Pizza (A)* WG Cheese Pizza (B) Celery & Carrot Sticks Sliced Oranges
Monday 9/28	Tuesday 9/29	Wednesday 9/30	Thursday	Friday
Pancakes w/ Sausage (A) Pancakes w/ Eggs (B) Cheese Stick Blueberry Topping	Grilled Ham or Turkey Sandwich (A) Grilled Cheese Sandwich (B) Crinkle Fries Fruit	Hawaiian Chicken w/Sticky Rice (A) Sticky Rice & Broccoli w/ Cheese (B) Broccoli Pineapples	Bar B Que Chicken 	Hawaiian Chicken 

Students from K-8 have a choice of 1% white milk or non-fat chocolate milk. Pre-K students are served 1% white milk only.

- * WG- Whole Grain
- * Meat Entrée'- (A)
- * Vegetarian Entrée'- (B)
- * Fresh Salad & Fruit Daily

Reduced priced entree' for Students is \$.40 cents and Adult entree' is \$3.95.

Your family may qualify for Free or Reduced priced meals. Applications are available in all the School lobbies. If you have any questions regarding the Food Service Program, you may contact Ms. Donna Maddox, Food Service Manager at (602) 938-5517 ext. 105 or email at dmaddox@choiceacademies.org.